


# Achieve Language Academy

HOT LUNCH		JANUARY 23-24		PRICES: STUDENT - No Charge, ADULT - \$5.00	
SERVED DAILY					
"Regular Entrée and/or Meatless/Vegetarian Alternate Entree" Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach, Hummus Low Fat Dressing/Dip le, Orange, Pear, Banana, Raisins, Craisins, Applesauce Cup, OR Assorted Fruit Juice Variety of Milk, including Skim					
Monday	Tuesday	Wednesday	Thursday	Friday	
Jan 1	Jan 2	Jan 3	Jan 4	Jan 5	
No School	Cheesy Breadsticks	Mac & Cheese	Orange Chicken	Chicken Alfredo	
	Marinara Sauce	Soft Breadstick	Steamed Rice	Garlic Breadstick	
	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	
Jan 8	Jan 9	Jan 10	Jan 11	Jan 12	
Chicken & Cheese Quesadilla	Beef Lasagna	Cheeseburger	Teriyaki Chicken	No School	
Steamed Corn	Soft Breadstick	Pinto Beans	Steamed Rice		
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk		
Jan 15	Jan 16	Jan 17	Jan 18	Jan 19	
No School	Corn Dog	Chicken Patty Sandwich	Chicken Strips	Pasta w/ Meatsauce	
	Baked Chips	Tator Tots	Waffles & Syrup	Garlic Breadstick	
	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	
Jan 22	Jan 23	Jan 24	Jan 25	Jan 26	
Soft Shell Beef Taco	Cheeseburger	Sloppy Joe	Teriyaki Chicken Leg	Pasta w/ Meatballs	
Bean & Corn Salad		Steamed Corn	Steamed Rice	Garlic Toast	
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	
Jan 29	Jan 30	Jan 31	Feb 1	Feb 2	
Cheeseburger	Mac & Cheese	Salisbury Steak	Orange Chicken	Cheesy Breadsticks	
Baked Beans	Soft Breadstick	Steamed Corn & Roll	Steamed Rice	Marinara Sauce	
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	
BREAKFAST		JANUARY 23-24		PRICES: STUDENT - No Charge, ADULT -	
SERVED DAILY					
Fresh Fruit - Apple, Banana, Pear, Orange, Craisins, Raisins, Applesauce, Fruit Cup Fruit Juice - Apple, Grape, Berry, Strawberry Kiwi, Orange Variety of Milk, including Skim					
Monday	Tuesday	Wednesday	Thursday	Friday	
	Jan 2	Jan 3	Jan 4	Jan 5	
	Cinnamon Toast Soft Bar	Granola	Mini Cinnamon Roll	Assorted Muffins	
		Fruit Yogurt		String Cheese	
	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	
Jan 8	Jan 9	Jan 10	Jan 11	Jan 12	
Oatmeal Round	Mini Bagel w/ Cream Cheese	Breakfast Cereal	Mini Waffle	No School	
		String Cheese			
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk		
Jan 15	Jan 16	Jan 17	Jan 18	Jan 19	
No School	Cinnamon Toast Soft Bar	Granola	Mini Cinnamon Roll	Assorted Muffins	
		Fruit Yogurt		String Cheese	
	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	
Jan 22	Jan 23	Jan 24	Jan 25	Jan 26	
Oatmeal Round	Mini Bagel w/ Cream Cheese	Breakfast Cereal	Mini Waffle	Apple Frudel	
		String Cheese			
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	
Jan 29	Jan 30	Jan 31	Feb 1	Feb 2	
Breakfast Cereal	Cinnamon Toast Soft Bar	Granola	Mini Cinnamon Roll	Assorted Muffins	
		Fruit Yogurt		String Cheese	
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	
MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS Note: Menus may use ingredients that contain nuts/seeds, milk, egg, soybean, and other products.  All Done Right Food meals are Pork-Free.  This institution is an equal opportunity provider.				Our Commitment "Healthy Food, Healthy Message" We provide wholesome, delicious, real food that helps teach the right message to children.	
				ANY QUESTIONS? CONTACT: School Office @ 651-738-4875 or DONE RIGHT FOOD @ <a href="http://www.donerightfood.com">www.donerightfood.com</a>	